



## VISION BOARD

I AM \_\_\_\_\_

I CAN \_\_\_\_\_

I WILL \_\_\_\_\_

AND SO IT IS!

Allow us to be grateful for what we have.  
Come to the realisation that you can create what your  
heart desire.

- Have Vision** – An Image, dream of what you
- Desire** - Have excitement, feeling the emotion for what for that
- Belief** – It is possible!
- Acceptance** – Accept the believe as true
- Will & Focus** – Intent it to be so
- Action** - Act and behave like this reality exists for you <sup>\*\*</sup>(responsibly)
- Allowance** - Have no attachment to the outcome – just let it go

picture

picture

picture

picture

pictures